

JUNE 2015 URCA MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 B) Waffles, blueberries, milk L) Beef Hot Dog w/ bun, baked beans, coleslaw, milk S) Vanilla Wafers, milk	2 B) Cheerios, bananas, milk L) Chicken finders, green beans, corn, rolls, milk S) Goldfish crackers, apple juice	3 5th Grade Graduation B) English Muffin, watermelon, milk L) Beef Bologna sandwich, lettuce, tomato, fruit cocktail, milk S) Rice Krispies Treats, milk	4 B) Oatmeal, baked apples, milk L) Pepperoni Pizza, Pineapple tidbits, toss salad, milk S) Cheez-Its, mix berry juice	5 Early Release B) Corn flakes, peaches, milk L) Sliced turkey sandwich, buttered broccoli, tropical fruit, milk S) Graham Crackers
8 B) Buttered biscuit, peaches, milk L) Turkey BLT Sandwich, watermelon, milk S) Animal Crackers, milk	9 B) Pancake, blueberries, milk L) Chicken fajitas, lettuce, tomatoes, tortillas, pineapples, milk S) Cheez-Its, apple juice	10 B) Cheerios, bananas, milk L) Fish sticks, cabbage, mashed potatoes, rolls S) Vanilla wafers, milk	11 B) English muffin, apple juice, milk L) Cheese pizza, salad, tropical fruit, milk S) Saltine crackers, cheese sticks, mixed berry juice	12 B) Cinnamon toast crunch cereal, milk, apple juice L) Beef hamburgers, lettuce, bun, French fries, milk S) Rice Krispies Treats, milk
15 B) Pancake w/ bananas, apple sauce, milk L) Chicken salad, salad, watermelon, French fries, milk S) Graham crackers, milk	16 B) Cheese Grits, milk, orange juice L) Sliced ham on bun, tomatoes, coleslaw, milk S) Veggie straws, apple juice	17 B) Oatmeal, blueberries, milk L) Diced chicken, broccoli, carrots, pasta, milk S) Lowfat yogurt, Ritz crackers	18 B) French toast sticks, peaches, milk L) Beef bologna sandwich, lettuce, tomato, cantaloupe, milk S) Goldfish crackers, grape juice	19 B) Cheerios, strawberries, milk L) Beef hamburger, French fries, tropical fruit, milk S) Vanilla wafer, milk
22 B) Cheese toast, apple juice, milk L) Beef hot dog w/ bun, French fries, coleslaw, milk S) Rice Krispies Treats, milk	23 B) Corn flakes, bananas, milk L) Slice turkey sandwich w/ lettuce, tomato,, peaches S) Trail mix, grape juice	24 B) Pancakes, mix berry juice, milk L) Beef nachos with shredded lettuce, diced tomatoes, watermelon, milk S) Animal crackers, milk	25 B) Buttered English muffin, orange juice, milk L) Pepperoni pizza, toss salad, pineapples, milk S) Cheez-Its, mixed berry juice	26 B) Raisin Bran, milk, grape juice L) Chicken salad, lettuce, tomato, Ritz crackers, fruit cocktail, milk S) Vanilla wafers, milk
29 B) French toast sticks, peaches, milk L) Beef bologna sandwich w/ lettuce, tomato, tropical fruit, milk S) Rice Krispies Treats, milk	30 B) Corn flakes, bananas, milk L) Corn dog, cucumbers w/ ranch dressing, glazed carrots, Ritz crackers, milk S) Gold fish crackers, apple juice			

◆ MILK = Whole, 1%, Soy

Service Schedule:

Breakfast served 7:30a.m. ~ 9:00a.m. daily
Lunch served 10:50a.m. ~ 1:15p.m. daily



Psalm 37:4-6(KJV)

Delight thyself also in the LORD; and he shall give thee the desires of thine heart. Commit thy way unto the LORD; trust also in him; and he shall bring it to pass. And he shall bring forth thy righteousness as the light, and thy judgment as the noonday.

****See reverse side for Non-Discrimination Statement**

Non-Discrimination Statement

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)

If you wish to file a Civil Rights program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provider and employer.